

# A1F VIRTUAL WALK 2025

#A1FVW25

This November, join the **A1F Virtual Walk 2025** and show your support for people impacted by Alpha-1 Antitrypsin Deficiency (Alpha-1). Whether you're walking for yourself, a loved one, a friend, or in memory of someone special, every step helps raise awareness and fund vital Alpha-1 research and related programs during **Alpha-1 Awareness Month**.

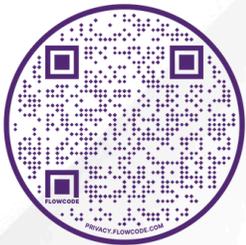


Pick any date, time, and place in November to participate in your neighborhood, at a local park, on your favorite trail, or even indoors. Get creative and set your personal goal! Whether it's a solo stroll or a team walk, it's all about getting out, moving, and making a difference.

## Celebrating 30 Years of Impact

This year's walk is extra special as we celebrate the Alpha-1 Foundation's 30th Anniversary. That's three decades of advancing research, raising awareness, and building a strong, supportive community. Let's celebrate this milestone together—one step at a time.

As part of this year's walk, we're introducing a personalized button you can wear and share, highlighting who you walk for. Whether it's someone you love, someone you've lost, or the entire Alpha-1 community—let your walk tell your story.



## Share Your Story

Post your A1F Virtual Walk photos and stories using #A1FVW25 and help inspire others to get involved. Your voice brings awareness, connection, and hope to the Alpha-1 community.

## How to Participate:

- Register online: [give.alpha1.org/A1FVirtualWalk25](https://give.alpha1.org/A1FVirtualWalk25)
- \$30 registration includes the official A1F Virtual Walk 2025 T-shirt
- Track your activity & fundraising efforts using the "Good Move" app
- Walk individually, join a team or form a team—every step counts!

Let's move together—wherever you are—to honor, remember, and raise awareness for those impacted by Alpha-1. #A1FVW25 #Alpha1Awareness



For more info, contact Irene Calderon at [icalderon@alpha1.org](mailto:icalderon@alpha1.org)